

THE SQUEAL

November 2009
Volume I, Issue 11

EST. 1925

Inside this Issue

- 1 From the President
- 2 Lion of the Month, Upcoming Events, Brentwood Lions, Eye glass collection spots, WG Extension Efforts
- 3 Diabetes Screening Report, Peace Poster Report, Upcoming Meetings
- 4 Christmas Child, Thank you Tail Twister Report, Joke of the Month,

Board of Directors

President-Mike Swederska
Past Pres-Randy Johnson
1st Vise-Ryan Whittington
2nd Vise-Larry Schumaier
3rd Vise-Scott Young
Secretary- Teddi Speeler
Treasurer-Vicki Swederska
Tail Twister-Dennis Ureche
Lion Tamer-Dick Nahm

Directors:

Tim Rabbitt, Marshall Yost,
Pat Rabbitt, Rob Halama

FROM THE PRESIDENT:

11-1-09

Lions President Message

No matter how much I love to BBQ. I am glad the season is over for this year. It sure seems to me that just about every Friday it rained on the Lions BBQ. We did have a great year in spite of being water logged. I would like to thank all the members that participated in this year's monthly BBQ. I know at times it can be a little trying due to the weather. Just remember that the purposes of all our efforts will go to others in this world to help make their lives just a little bit better. When March gets here I am sure we will all be anxious to get back to the BBQ smoke and the camaraderie that goes with the function.

The first meeting of November will be our annual governor's visit. It sure would be wonderful if all our members could find the time to participate at this meeting. I am sure Lion Leo will be preparing a wonderful dinner for the governors meeting for all of us to enjoy. I would recommend to all our members to invite their spouses to this meeting. This would give them a chance to participate in one of

the more important meeting our club will partake in. Most of all, if you have any potential members that you have been working on this would be a wonderful meeting to introduce them to the Lions. I have had new members ask about the dress attire. I know that not very many members wear their Lions vest to the meetings so I thought I would mention that again. I have never heard about some kind of dress code for this meeting so I would suggest dressing appropriate for the occasion.

The other exciting function coming up is the luncheon for the Webster Groves High School Football Team. The luncheon will be held as always on the Wednesday before Thanksgiving. The club will be serving lunch to around 80 guest made up of the players, coaches and cheerleaders. Come on down to the Barn and participate in this fun activity with our high school football team. Getting them energized to beat Kirkwood in the Turkey day game.

Lion Mike Swederska

Webster Groves Lions 82sd
President

Lion of the Month

October

Bill Belcher

Lion Bill is always ready to work the b-b-q pits on our monthly BBQ's and community days. Is a very good bowler and is on the Webster II bowling team.

Congratulation Bill

Got News or Tips for

The Squeal

Send to Teddi Speeler

////////////////////////////////////

I wanted to take an opportunity to make you all aware of two upcoming events.

First, at our first General Membership Meeting on November 12th, we will be having a Governors Visit. Please plan on attending and showing the District Governor why we are a Model Club. Dinner starts at 6:30 and the meeting begins at 7:00pm.

Second, our annual lunch for the Webster Groves Statesmen Football Team,

Cheerleaders and Coaches will be held on Wednesday November 25th at the Barn. If you have an hour or so, please stop by to help encourage the Statesmen to beat those Pioneers. Let's talk a little Lionism with them as well.

Hope to see you there,

Lion Ryan Whittington
Membership Chairman
First Vice-President
ryan@seniorshomecare.com

Lions and Friends:

The Brentwood Lions are hard at work on our Second Annual Extravaganza for November 21, 2009.

We had a great event last year and are looking forward to an even greater event this year. We'd love for you to join us for an evening of food, music, and talent.

Please contact any Brentwood Lion for tickets or contact Lion Eugene if you want to be in the show.

Thanks.

Lion Kimberly Taylor

Collection Boxes throughout the community. The list of locations currently reads as follows:

- * Schnuck's Supermarket at Big Bend & Elm
- * Webster Eye Care
- * Webster Groves Public Library
- * Webster University Library
- * Shepherd's Center at the Christian Life Center
- * Webster Groves Recreation Complex
- * Sappington Farmer's Market
- * Porter's Fried Chicken
- * Shur-Way Auto Body
- * Prudential Advantage Realtors
- * Gerber Chapel
- * Crown Vision
- * Webster Groves Christian Church

We will be adding the Delta Gamma Center as an "Old Eyeglass" Collection Box location.

WG Lions Support District Extension Efforts

Over the past year fellow WG Lion Dennis Donze has been busy as District 26M-2 Extension Chairperson. Early on as part of the District MERL Team (Membership, Extension, Retention, Leadership) he was involved in reviving the Shrewsbury & St. Ann Lions Clubs. Our Club purchased a projector to support his efforts. This allows him to make Power-point presentations to prospective members. As a Club we have been financially supportive supplying signage, soda, water and miscellaneous Lion related items. Both Clubs are now active in their respective communities with 5 members each. More members are being sought. Lion Dennis was presented with a Lions International President's

Commendation at the District Convention in March!

An Extension Seminar was put on in March by Lion Jim Canon from Lion International's Global Membership Team. Dennis then began targeting business and political leaders in the Wildwood area. In May a series of informational meetings were held. A minimum of 20 members is needed to charter a new Lions Club. On June 23rd LCI recognized the Chartering of the Wildwood Area Lions Club. To date 36 individuals are Charter Members. October 10th is the "Charter Night" celebrating the formation of District 26M-2's first new Lions Club. Cost is \$25/person which includes dinner and drinks. Anyone interested in attending should contact Lion Dennis.

Congratulations Lion Dennis for introducing almost 50 men and women to Lions. We're proud of you!

Lion Mike & others --

I am forwarding below an e-mail summary from the KILO DIABETES & VASCULAR RESEARCH FOUNDATION as regards the annual "Diabetes Screening" conducted by the Webster Groves Lions Club.

In the Summary, I was surprised to read that only sixteen (16) screenings were administrated. In past years, the number of screening's have been as high as 60 but never less than 30. This year,

though, the inclement weather was probably a significant factor in a sparse turn-out. For next year, the Club leadership should examine this event in the early spring. If the event remains on the Club schedule, the Kilo Foundation needs to be contacted in April or May to reserve the Diabetes Screening date on their calendar. Also, some more ambitious and creative PR/promotion efforts are probably required next year.

Still, I was very gratified to read in the Summary that three (3) people were professionally counseled pertaining to their readings. If our Club was able to help a few people, the effort was quite worthwhile.

And, of course, our Club was able to present a donation to Dr. Charles Kilo for the continued funding of his internationally-acclaimed research and educational Foundation.

Bravo & Thanks to everyone who helped with this Club event!

Lion Kim



Peace Poster Contest

Well our poster contest is coming to the end. We have judged one school and Hixson will be judged this coming week. It looks like the Webster Kirkwood Times will be doing a piece in the paper all about it. We will be displaying the winning posters at Crestwood Plaza over the Thanksgiving Holiday. The teachers have told me that the students really enjoyed the project once they started painting.

It was really cool seeing how the students expressed their views on the theme "The Power of Peace".
Peace Posters Chair

Lion Teddi Speeler

Upcoming Meetings

November 12 District Governor visit 6:30 @ The Barn

November 25th Thanksgiving football Luncheon 11:00am @ The Barn

December 3 Board Meeting @ the Swederska Garage Apt. 6:30

December 10th General Meeting @ The Barn 6:30

Christmas Child Project

Once again this year we will be getting involved in filling plastic shoe boxes to send to needy children around the world and

here locally so that all kids may have something on Christmas morning. If you would like more information or would like to put together a box contact Lion Teddi Speeler (314-724-3721)

A very special Thank you goes out to all of you who helped with Firehouse Open House and Make a Difference Day without you we could not have had such a great time giving out all the hotdogs.

Lion Tim Rabbitt Chairman

Tail Twister Report

This month we will be collecting blankets for St. Patrick's Center they can be clean used or new. They are always in need of them when the weather gets cold. Please be kind and help someone less fortunate than us.

As always wear your Lions gear to the meetings. Don't forget we are selling our club lanyards too. They are \$3.00 each. Thank you for your help with this project.

Lion Dennis Ureche

Don't forget about the matching funds program. This is a good way to double your donation to your favorite charity. If you need more information contact a Board member.

We are updating the club directory if you have changes and haven't given them to the secretary. Please do so now.

Key facts about Seasonal Flu

What is the flu? The flu is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness it can even lead to death. The best way to prevent the flu is by getting a flu vaccination each year.

Every year in the United States on Average:

- 5% to 20% of the population gets the flu;
- more than 200,000 people are hospitalized from flu complications;
- 36,000 people die from the flu related causes;

Some people such as older people, younger kids and people with health conditions are at a higher risk.

Symptoms of the flu include:

- fever (usually high)
- headache
- extreme tiredness
- dry cough
- sore throat
- runny or stuffy nose
- muscle aches
- stomach symptoms

How Flu Spreads

Flu viruses are thought to spread mainly from person to person through coughing or sneezing of people with the flu. Sometimes people may become infected by touching something with the flu

viruses on it and then touching their mouth or nose.

Most healthy adults may be able to infect others before they even know they have the flu or have symptoms.

Joke of the Month

Three sisters, ages 92, 94, and 96 live together in a house. One night the 96 year old draws a bath. She puts one foot in the tub and pauses. She yells down the stairs, "Was I getting in or out of the bath?"

The 94 year old yells back, "I don't know. I'll come up and see." She starts up the stairs and pauses. Then she yells, "Was I going up or down?"

The 92 year old was sitting at the kitchen table having some tea, listening to her sisters. She shakes her head and says "I sure hope I never get that forgetful." She knocks on the wood table for good measure then she yells, "I'll come and help you both as soon as I see who is at the door."

What am I

1. I make the world go around. I can mean nothing in a game. In a song, I am a many-splendor thing.

2. Sometimes I fill your pockets. I am right half of the time. If you need help, ask someone for me.

Our Motto "WE SERVE"

Love and A Hand